

TOILET ROLL TUBED HANDLES



An empty toilet roll tube, or similar can be an effective, cheap teaching aid to emphasise a loose grip on the stone and handle rotation by release.

The curler must deliver the stone holding the tube round the handle and strive to release the stone with a straight handle (front of handle at 12 o'clock position).

If the curler leans on the stone the tube will be squashed!

The curler should set the stone, for either handle (i.e. the ten o'clock or 2 o'clock position) which should be maintained through the delivery. Rotation of the handle is recommended to be in the last metre before release. Upon release the curler must ensure that the angle of the handle is straight.

If the stone is released at the 12 o'clock position, the curler will be left holding the tube.

If the curler does not achieve the 12 o'clock position, release is not possible.



N.B. This technique is for NBS delivery only, Must NOT be used with a swinging delivery.