



CURLING COACHING PATHWAY

You can coach other curlers at any level by following the Curling Coaching Pathway below, to get involved, please visit www.scottishcurling.org or email workforce@scottishcurling.org

Ready Steady Curl Workshop – Free of Charge – 2 hours

Who is it for?

Volunteers or helpers hoping to assist qualified coaches with curling sessions.

What can you do once qualified?

Assist qualified Level 1 or 2 curling coaches with their sessions.

What do I need before signing up?

- Be 14 years old or over.
- Attended or registered to attend the Child Wellbeing and Protection in Sport (CWPS) Course.
- Be a member of the PVG scheme if 16 years old or over.



Level 1 Coach – Members £48, Non-Members £80 – Online & in-person learning, then 10 coaching hours

Who is it for?

People interested in coaching Try Curling, Curling's Cool, Juniors, Adult beginners, and Gateway clubs.

What can you do once qualified?

- Lead the planning, delivery & review of coaching sessions with a suggested ratio of 1 coach to 8 curlers.
- Coach the basic skills and techniques of curling to participants of all ages and abilities.

What do I need before signing up?

- Be 15 years old or over on the day of the course. (You must be at least 16 years old upon completion).
- Hold a valid Child Wellbeing and Protection in Sport (CWPS) certificate or be registered on a course.
- Be a member of the PVG scheme if 16 years old or over or be in the process of applying to be a member.



Level 2 Coach - Members £95, Non-Members £325 – 2-day course, coursework & 10+ coaching sessions

Who is it for?

Qualified and experienced Level 1 coaches looking to increase their technical and tactical knowledge and skills, who may have ambitions of coaching a team or working with regional or national academy athletes.

What can you do once qualified?

- Develop core technical skills and core values in your participants.
- Identify the needs of individual athletes or teams and design a programme to enhance their performance.
- Provide direction and support to Level 1 coaches, helpers and volunteers.

What do I need before signing up?

- Be at least 17 years of age on the first day of the course.
- Be a qualified, active Level 1 coach for a minimum of one year.
- Hold a PVG membership certificate with Scottish Curling.
- Hold a valid Child Wellbeing and Protection in Sport (CWPS) certificate or in the process of renewal.