

3.8. Pre-Game Practice Control

Black = Announcements to be made during pre-game timed practices

An Umpire will control all practices. The following clear instructions will be given. Please wait for the appropriate announcement before beginning practice, or checking the stones.

**One minute to the start of practice, sliders may be cooled but no practice slides or touching the stones or sweeping between the back lines.
Practice may begin.**

After eight (8) minutes:

One minute to the end of practice.

After nine (9) minutes:

Thank you - practice is over.

Wait till all stones delivered in time have come to rest, and then pause of a few seconds:
Please deliver your clockwise Last Stone Draw.

Downtime to allow for measuring of the stones:

Please deliver your counter-clockwise Last Stone Draw.

Downtime of approx. thirty seconds to allow players to leave the ice after the Last Stone Draws are completed:

Second practice your sliders may be cooled, but no practice slides or touching the stones, or sweeping between the back lines. Please also be aware of any stones that still need to be measured.

The above procedure will be repeated for the second practice.

When the final LSD stones have come to rest:

Please assist the ice crew by returning all stones to the home end.

Following practice, the ice will be cleaned, and if deemed necessary by the Chief / Deputy Chief Ice Technicians the slide paths will be re-pebbled.

Two further announcements will be made:

Games will begin in one minute – Practice slides may be taken. Good luck and good curling.

At this time, a one-minute countdown will start.

Teams can begin their game any time after this announcement as long as there is not more than 10 seconds remaining on the countdown clock. If the player is not in a forward motion in his delivery when the countdown reaches zero, that team's thinking time will be started and will run until the stone reaches the tee line at the delivery end.