

Curling Etiquette

Curling is a game of skill and traditions.

A shot well played is a delight to see as is a game played in the true spirit of curling. Curlers play to win but never to humble their opponents.

Curling has always relied on the common sense, the honesty and the good manners of the players and a sporting approach to the game.

This spirit should influence both the interpretation and application of the rules of the game and also the conduct of all participants both on and off the ice.

A good curler never attempts to distract an opponent or otherwise prevent them from playing their best.

Curling is a game that upholds the highest standards of sportsmanship.

No curler ever deliberately breaks a rule of the game or any of its traditions. If they should do so and be aware of it they are the first to divulge the breach.

While the main object of the game of curling is to determine the relative skill of the players, the spirit of curling demands good sportsmanship, kindly feeling and honourable conduct.



The Unwritten Rules of Curling

- If you are unable to play, arrange a substitute and inform your skip as soon as possible.
- Ensure you are ready to start when the bell rings; you are paying for the ice, make sure you use it.
- Switch off your mobile phone.
- Start and finish every game by shaking hands with all other players and wishing them a good game. If you don't know them, introduce yourself.
- Be ready to play when it is your turn. Be in the correct position at all times:
 - either – at or behind the hack when it is your turn to play
 - or – in a position to sweep, and ready to do so, when your side is playing or – at the side of the rink, between the hog lines, when the opposition is playing
 - or – in or behind the house when skipping (only skips and acting skips allowed behind the house at any time)
- When standing behind the house, keep quiet and still and hold your brush horizontally or hidden.
- When another player is on the hack, try to be quiet and outwith his/ her line of vision.
- Only the acting skips should be in the house when a measure is taking place.
- Never cross the ice in front of a running stone.

