



SCOTTISH CURLING CHARTER'S ACTION PLAN 2026/27



Focus	Action	Timeline	Charter Commitments
Staff Wellbeing Training	SC staff team to complete all route map sessions	Ongoing	Promote
Ongoing Awareness	SC staff team to complete one SAMH hot topic workshop a year	Annual	Promote
Leadership capability	SMT to complete one line manager session delivered by SAMH	Annual	Promote
Mental Health First Aid	SC to have two team members to have completed Mental Health First Aid	Every three years	Include
Staff Wellbeing	Flexible working hours approach – to enable staff to attend appointments, make space for focusing on wellbeing	Annual	Include
Staff / Board Induction	Induction process updated to include Mental Health Wellbeing resources	August 2026	Promote / Collaborate
Volunteer & Member Support	Commit to offering Mental Health training throughout the year to our volunteers and members	Ongoing	Collaborate
Wellbeing Communications	Create a page/section on the SC website for mental health and wellbeing resources	May 2026	Promote
Line Management Support	Minimum 6 weekly one to one meetings with line managers	Ongoing	Reflect
Team Culture & Engagement	Encourage informal colleague engagement, peer support and regular team wellbeing conversations outside of formal meetings.	Ongoing	Reflect

**Action plan will be reviewed annually with staff input and SMT approval*